

QAST membership is the key to running a successful tuckshop.

We exist to support Queensland school tuckshops to deliver healthy food and sustainable services.

tuckshops
Queensland Association of School Tuckshops Inc.

WHO WE ARE

The Queensland Association of School Tuckshops (QAST) is a not-for-profit membership association working with Queensland school communities to build capacity in tuckshops.

With a vision of "Healthy and empowered school tuckshops", QAST supports Queensland tuckshops to serve sustainable, affordable, nutritious and safe food choices.

WHAT WE DO

QAST provides services to empower you as a member, and help you make your tuckshop a place of pride in the school community.

Member schools are able to access a range of essential services for tuckshop managers, parent body representatives and business managers.

See details over page.

THE INVESTMENT


SCHOOL SIZE	COST/YEAR
Less than 100 students	\$50
100 to 999 students	\$280
More than 1,000 students	\$320

HOW TO JOIN

Get in touch to discuss your tuckshop needs.

 admin@qast.org.au

 www.qast.org.au

 (07) 3324 1511



 @tuckshops  @qldtuckshops  @QTuckshops

 @qld-association-of-school-tuckshops


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OUR SERVICES



CONNECT WITH US

Discuss your tuckshop enquiries with industry experts.



MENU HEALTH CHECKS

Check the health of your tuckshop menu.



FINANCIAL ADVICE

Struggling to make a profit? We can help you.



RECIPES & RESOURCES

Access easy recipes and resources, developed especially for tuckshops.



TRAINING

Tuckshop courses to get you skilled up.



TUCKSHOP TUNEUPS

A comprehensive on-site review of your tuckshop operations*.

*Fees apply



REGULAR EMAILS

Important info delivered to your inbox.



RECIPE OF THE YEAR

Get recognition for your best recipes.



EVENTS

Meet and network with other tuckshops.

MEMBERSHIP INCLUSIONS

Q&A SERVICE	MEMBERS	NON-MEMBERS
Book-a-Chat	✓	✗
Phone support	✓	LIMITED
Menu Health Check	✓	✗
Financial advice	✓	✗
Tuckshop Tuneup	\$1,500*	\$2,500*
Smart Choices advice	✓	✓
Tuckshop Management Course	\$250	✗
Healthy Menu Planning course	FREE	FREE
Food Handlers Course	FREE	FREE
Volunteer Management Course	FREE	✗
Networking events	✓	✓
Online resources	✓	LIMITED
Talking Tuckshops newsletter	✓	✗
Social media connections	✓	✓
Recipes	✓	✓
Recipe of the Year competition	✓	✓
An independent voice for tuckshops	✓	✓

*Travel fees may apply