

# Turn your tuckshop into a profitable, high-performing success

Running a tuckshop isn't easy, but it shouldn't feel hard and you don't have to do it alone. Without the right support, small issues quickly become big problems. That's where QAST comes in.

## WHO WE ARE

**Your partner in tuckshop success.**

The Queensland Association of School Tuckshops (QAST) is a not-for-profit membership association supporting tuckshops across Queensland.

We give you the tools, advice and confidence to run a successful tuckshop that is:

- Financially sustainable
- Easy to manage
- Nutritious and compliant
- A valued part of your school community.

## WHAT YOU GET

**Everything you need to run a successful tuckshop.**

As a QAST member, you'll have access to expert support, practical tools and proven strategies to help you:

- Improve profitability and reduce waste
- Create menus that meet guidelines and sell
- Save time with ready-to-use resources
- Build confidence in your role
- Stay informed and compliant.

## WHAT IT COSTS

**Affordable support with real impact.**

QAST membership gives you access to essential services, support and resources, all designed to help your tuckshop succeed.

Our simple, flexible pricing is tailored to your school size:


SCHOOL SIZE	COST/YEAR
Schools under 200 students	\$99
Schools 201+ students	\$299

## HOW TO JOIN

**Join today and start strengthening your tuckshop.**

 [admin@qast.org.au](mailto:admin@qast.org.au)

 [www.qast.org.au](http://www.qast.org.au)

 (07) 3324 1511



# WHAT WE OFFER

Support when you need it, tools you'll actually use.



## EXPERT ADVICE & SUPPORT

Get real answers from people who understand tuckshops.



## MENU HEALTH CHECKS

Make sure your menu meets guidelines and appeals to students.



## FINANCIAL SUPPORT & EVALUATION

Identify where you're losing money and how to improve performance.



## TUCKSHOP TUNEUPS

A hands-on review to boost efficiency, sales and confidence.\*

\*Fees apply



## TRAINING & COURSES

Build your skills with practical, easy-to-follow training.



## RECIPES & RESOURCES

Access tried-and-tested recipes and resources designed for tuckshops.



## EVENTS & NETWORKING

Connect with others who understand your challenges.



## REGULAR UPDATES

Stay informed with important updates, tips and ideas.

# WHAT YOU GET

QAST SERVICE	MEMBERS	NON-MEMBERS
Book-a-Chat	✓	✗
Phone support	✓	LIMITED
Operations and financial advice	✓	✗
Menu Health Checks	✓	✗
Financial Evaluation Service (NEW)	✓	✗
Tuckshop Tuneup	\$1,500*	✗
Smart Choices advice	✓	✓
Tuckshop Management Course	\$250	✗
Food Safety for School Tuckshops Course	\$199	✗
Healthy Menu Planning Course	FREE	FREE
Safe Food Handlers Course	FREE	FREE
Volunteer Management Course	FREE	✗
Networking events	✓	✓
Online resources	✓	LIMITED
Talking Tuckshops newsletter	✓	✗
Social media connections	✓	✓
Recipes	✓	✓
Recipe of the Year competition	✓	✓
An independent voice for tuckshops	✓	✓

\*Travel fees may apply